



CAMP SAVAGE



www.campsavage.com

America's #1 Fitness and Figure Prep Camp!

CAMP SAVAGE WINTER

Save the Date: January 18th – 20th 2008

This three day camp will give the new competitor and veteran athletes the tools they need not only to compete, but to compete successfully! Be prepared for a weekend of education, empowerment, and inspiration! Beginners and veterans are welcome!

CSF Fitness and Figure Complex
12 Carnegie Row
Norwood, MA 02062

With special guests!

Check out our website for details!



Camp covers Stage presence and posing for ALL federations, Overall competition prep, Total package and "wow" factor, Choreography & strength moves, Nutrition & training, Beauty and tanning tips, Savage Girls Night Out,

AND MUCH MORE!



Camp Accommodations Available at:

Marriott Courtyard Hotel
300 River Ridge Dr.
Norwood, MA 02062
Hotel Phone 781-762-4700
ask for CAMP SAVAGE rate

As seen on



For general information and to arrange a roommate, contact:

Amy Beth Nigrelli camprooms@yahoo.com

To register, log on to www.campsavage.com